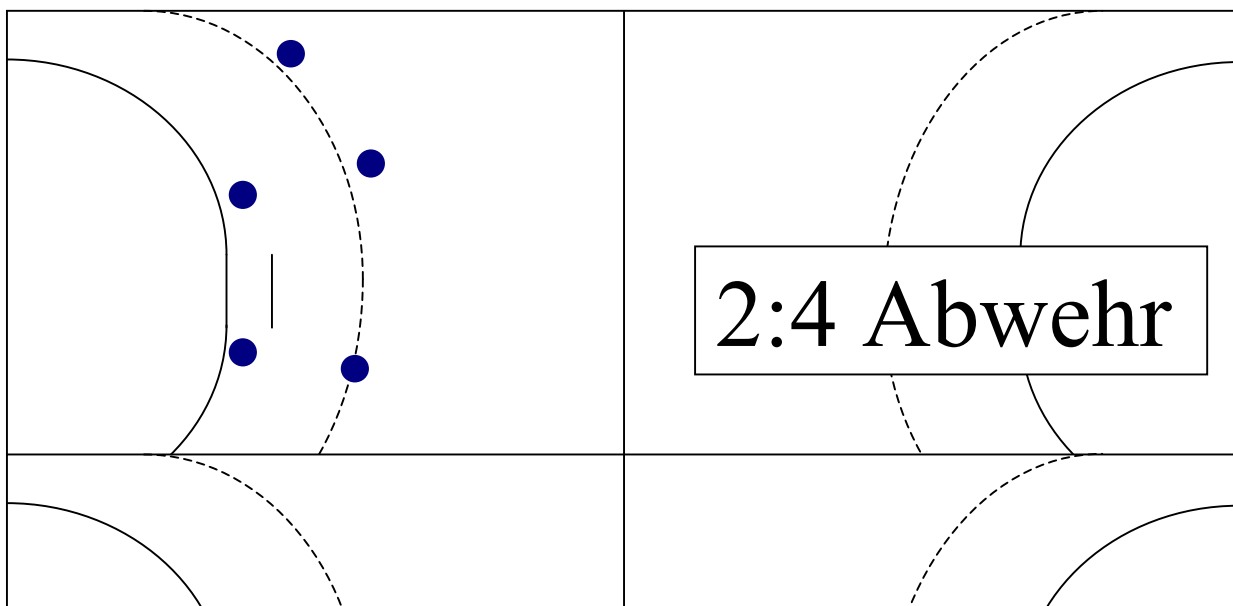
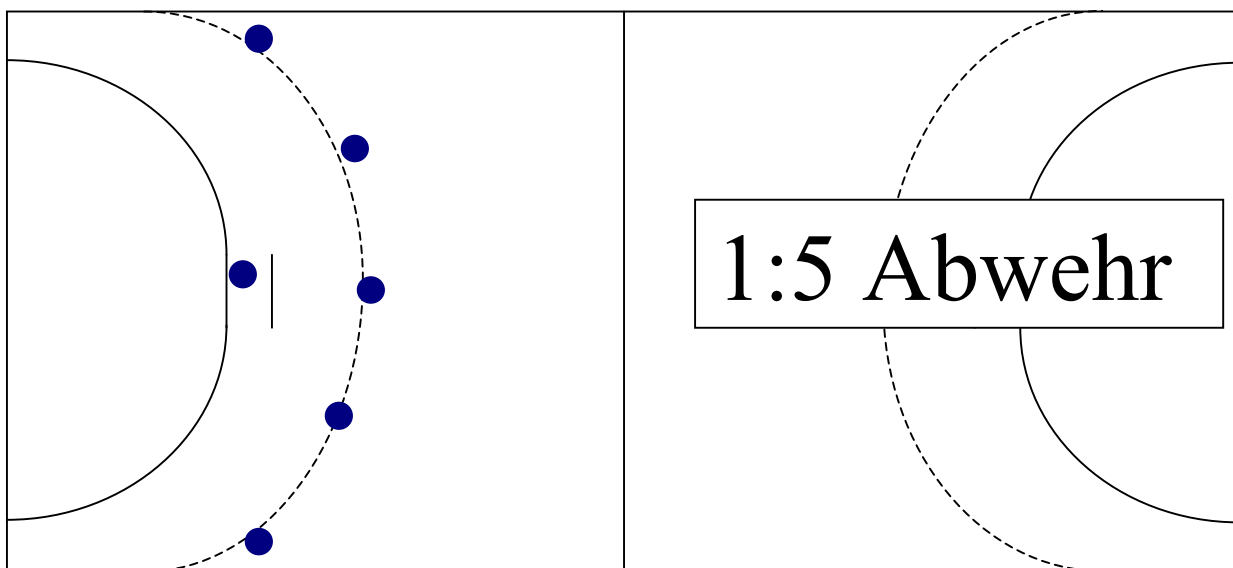
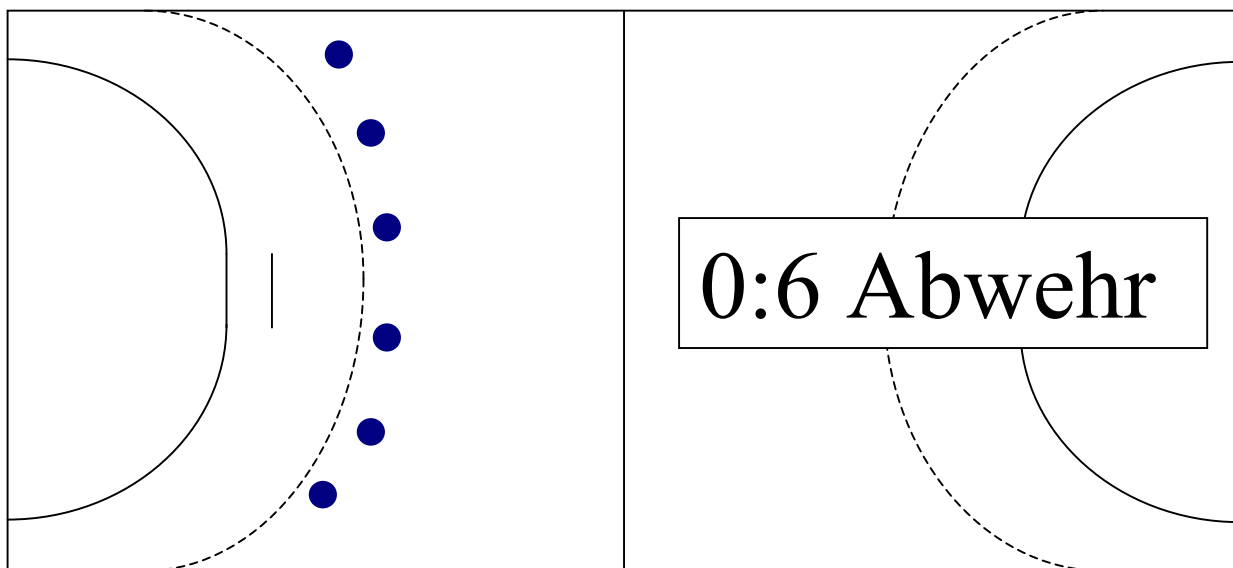
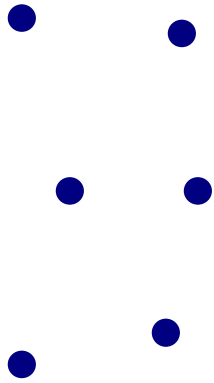
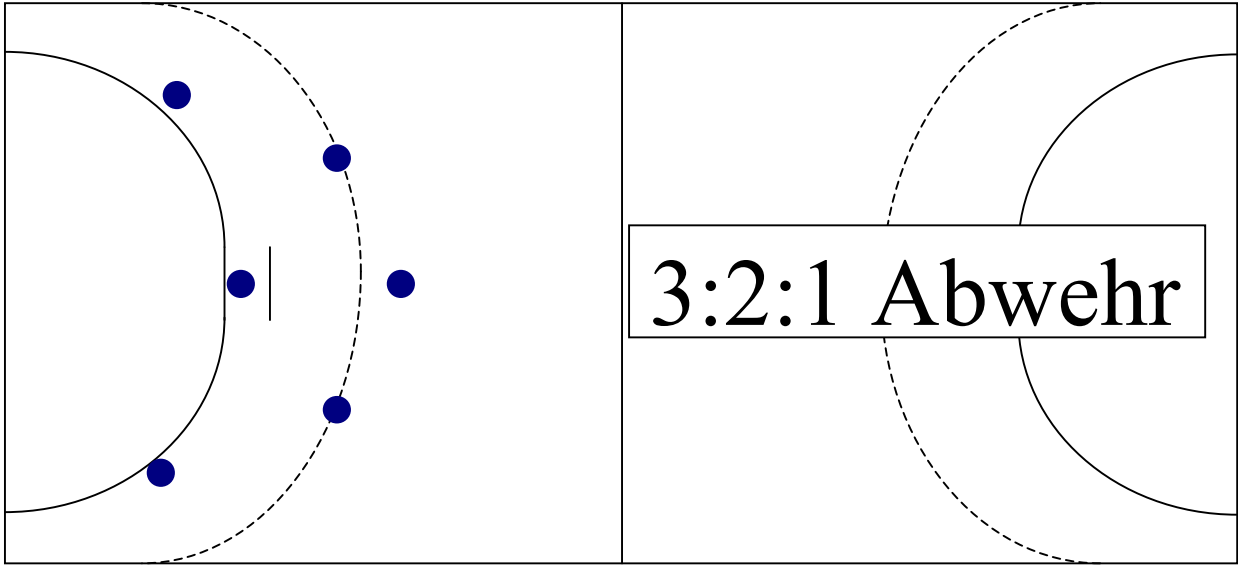


Beispiele offensive Abwehrformen



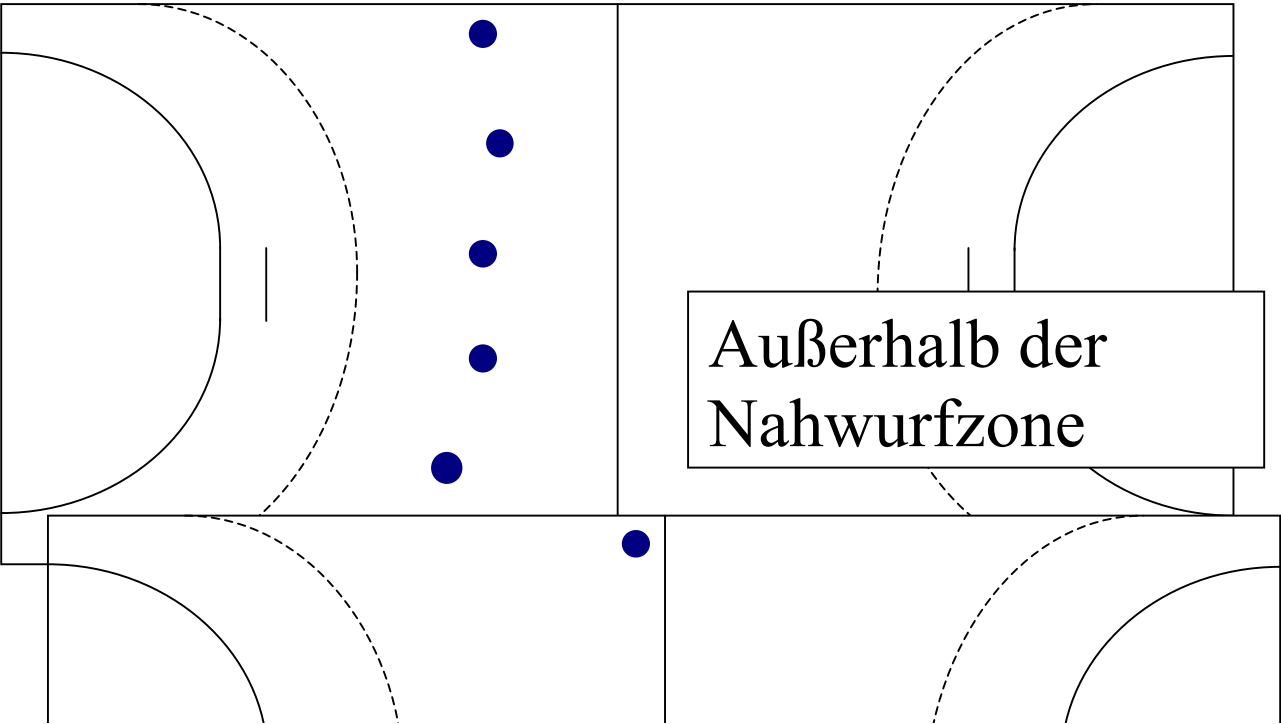


3:3 Abwehr



3:2:1 Abwehr

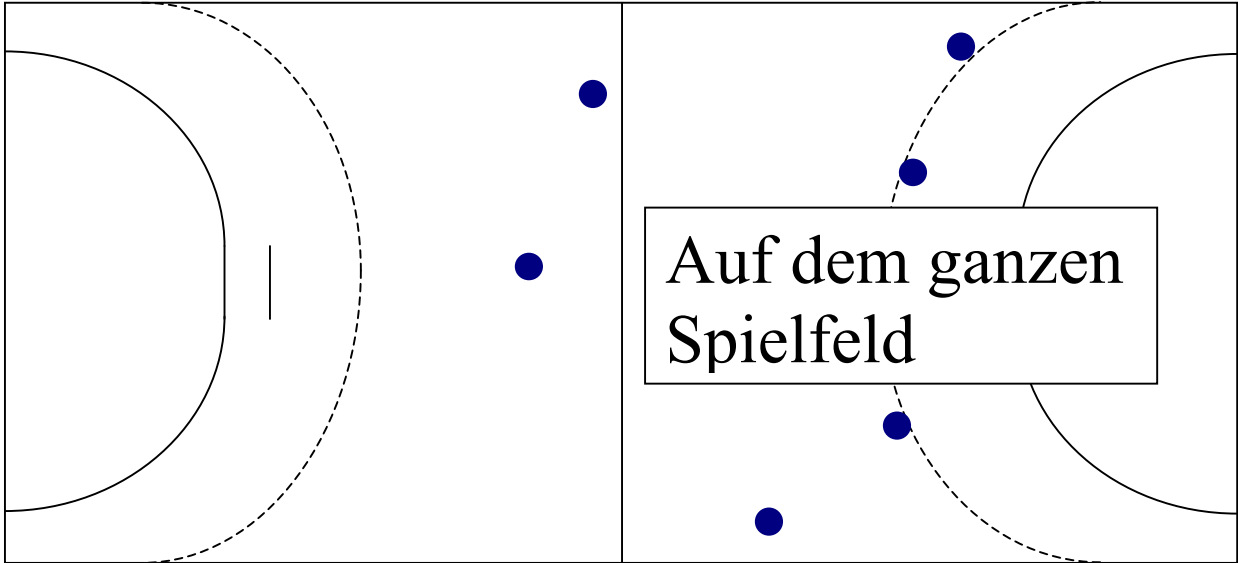
Beispiele offene Manndeckung



Außerhalb der Nahwurfzone

-
-
-
-
-

Ab der Mittellinie



Auf dem ganzen Spielfeld